**\*\*For each referral, please print a copy of the Standardized RCM Referral and Functional Assessment Form from the website** [**http://www.bellwoodscentres.org**](http://www.bellwoodscentres.org) **under Programs and Services - Centralized Referral Management, as it may be revised. Thank you.**

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| Client Name: | Click or tap here to enter text. |  |

The **Reintegration Care Models (RCM)** being piloted in Toronto Central Local Health Integration Network (LHIN) are designed to support the transition of patients from hospital to the community who are ALC or who are at high risk of becoming ALC without additional resources and supports. These initiatives are needs based, time limited, and with no additional fee for the program (cost for incidentals will be reviewed per site/per program as appropriate).

**Referral Process**

1. **Complete** all sections of this form. Please note, if the form is not complete/missing information, there may be a delay in matching to a Health Service Provider partner.
2. **E-mail** crm.team@one-mail.on.ca (preferred) or Fax 365-300-5758 or 647-345-8999 the referral to Centralized Referral Management (CRM) for the RCM.
3. CRM to determine **eligibility** and referral will be assigned to the best **matched** Health Service Provider (HSP) based on clients’ unique needs.
4. For the RIU/RCU the HSP will review the detailed documentation, confirm the fit and then reach out to the Referral Source to plan for the transition.  The Referrer may still be asked to submit further documentation such as copies of notes, repatriation letters, signed orders (for wound care, IV, Meds etc.) and consent forms as per each individual RCUs requirements (but no further detailed application with this new form!).  For ReCharge, the HSP will reach out directly to the family post-discharge unless you indicate otherwise.
5. If your patient it is not a fit, the HSP will alert CRM Team, you will be alerted of any challenges or delays in matching and matching efforts will resume.  With one form used by all our HSP partners, the information can easily be redirected with no additional applications or work on the part of the Referral Source.

Please contact CRM at **416-859-4376** or **416-696-9663 ext. 221** for further information from 8:30 am to 4:30 pm Monday to Friday.

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| **SECTION 1: TORONTO CENTRAL LHIN HOSPITAL REFERRAL SOURCE INFORMATION** |
| Referrer’s Name: | Click or tap here to enter text. | Referrer’s Title: | Click or tap here to enter text. |
| Organization: | Click or tap here to enter text. | Unit Client is on: | Click or tap here to enter text. |
| Phone Number of Referring Contact: | Click or tap here to enter text. | E-mail Address of Referring Contact: | Click or tap here to enter text. |
| Date of Referral:(dd/mm/yyyy) | Click or tap here to enter text. | Preferred communication method: | [ ] Telephone[ ]  Email  |
| **SECTION 2: GENERAL PATIENT INFORMATION** |
| First Name and Middle Initial: | Click or tap here to enter text. | Last Name: | Click or tap here to enter text. |
| Date of Birth:(dd/mm/yyyy) | Click or tap here to enter text. | Gender Identity: | [ ]  He/Him [ ]  She/Her[ ]  They/Them |
| Gender | [ ]  Male [ ]  Female [ ]  Other |
| Ontario Health Card number & Version Code | Click or tap here to enter text. | Planned Discharge Date:(dd/mm/yyyy) | Click or tap here to enter text. |
| Telephone number: | Click or tap here to enter text. | E-mail Address:  | Click or tap here to enter text. |
| Pre-admit Address: | Click or tap here to enter text. |
| Did/does this client live alone at this address: [ ]  Yes [ ]  No |
| Does this person speak English? | [ ]  Yes [ ]  No | Is interpreter required? |  [ ]  Yes [ ]  NoLanguage: Click or tap here to enter text. |
| Has this patient been deemed incapable of making personal care decisions? | [ ]  Yes, formally assessed[ ]  Yes, hospital team opinion[ ]  No | If yes, name of person providing consent for referral? | Name: Click or tap here to enter text.Relationship: Click or tap here to enter text.Phone: Click or tap here to enter text.[ ]  POA [ ]  SDM [ ]  PGT |

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| **SECTION 3A: PRIMARY SUPPORT(S) – FAMILY/FRIENDS/OTHER** |
| First Name: | Click or tap here to enter text. | Last Name: | Click or tap here to enter text. |
| Telephone Number: | Click or tap here to enter text. | E-mail Address: | Click or tap here to enter text. |
| Does this supporter live with the patient: | Click or tap here to enter text. | Relationship: | Click or tap here to enter text. |
| Emergency contacts other than primary support: [ ]  Yes [ ]  No | Name #1:Address:Phone:Relationship:Name #2:Address:Phone:Relationship: | Click or tap here to enter text. Click or tap here to enter text.Click or tap here to enter text.Click or tap here to enter text. |
|  | Click or tap here to enter text. Click or tap here to enter text. Click or tap here to enter text.Click or tap here to enter text. |
| **SECTION 3B: PATIENT’S PROFESSIONAL CIRCLE OF CARE** |
| Primary care doctor (GP):  | Click or tap here to enter text. | Telephone #:  | Click or tap here to enter text. |
| Psychiatrist: Click or tap here to enter text. | Telephone #: Click or tap here to enter text. |
| Other supports[ ]  BSS/BSTR[ ]  Case Management[ ]  Home & Community Care[ ]  Housing Worker[ ]  Other[ ]  Specialists Following: Click or tap here to enter text. | Contact information and any Follow-up Appointments scheduled: Click or tap here to enter text. |

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| **SECTION 4: REQUESTED SERVICES** |
| [ ]  **Reintegration Care Units (RCU):**These are short-term transitional units in the community that allow patients a safe and supportive place to go post-hospital discharge from hospital, to prepare/plan/await their next community transition (home, new community housing, more supportive housing etc.). These sites are all time-limited (varies per program) thus a plan for a discharge destination post-RCU **is required** and discharge plan will commence upon admit. Every effort will be made to match your patient to the HSP based on their unique needs (see below) and unit availability, with consideration given to geography and personal preference, if possible.  |
|  **Personal Care Reintegration Units (PCRU):** Bellwoods, ESS Support Services, LOFT at White Squirrel Way, Reconnect Community Health Services, The Neighbourhood Group and Woodgreen Community Services |
| **Clinical Care Reintegration Units (CCRU):** Hillcrest Reactivation Centre, Pine Villa, St. Hilda’s and The Rekai Centres Transitional Care Unit |
| [ ]  **Caregiver ReCharge** |
| The focus for these programs is on caregiver relief to improve their capacity to transition their loved one home and continue to provide care for the client in the community while promoting their own wellbeing. These specialized respite services include in- home respite (day/night), away from home overnight respite, and/or supervised programming in a group setting during the day (i.e. Adult Day Programs).The duration of these free services will be time limited (varies per program). Please select requested program(s) below and patients will be matched to the HSP by their unique needs, vacancies and with the In-home services, geography. |
| [ ]  **In-Home Respite** – West Toronto Support Services for Seniors, West Neighbourhood House, Storefront Humber Inc., The Neighbourhood Group and Bellwoods.  |
| [ ]  **Adult Day Program** – Reconnect Community Health Services and Providence Healthcare[ ]  **Overnight Respite Stays Out of the Home** – Bellwoods, ESS Support Services, Reconnect Community Health Services and Providence Healthcare |
| **SECTION 5: ALC DESIGNATION & DISCHARGE DESTINATION** |
| Has the patient been designated ALC | [ ]  Yes [ ]  NoDate:Click or tap here to enter text. | Has the patient been designated at high risk for ALC: |  [ ]  Yes [ ]  No |
| Why does the caregiver/patient need ReCharge services at this time: | Click or tap here to enter text. |
| Why does the patient need a Reintegration Care Unit (RCU) at this time/ what are the goals for the RCU stay:  | Click or tap here to enter text. |
| What is the post-RCU discharge destination and what steps are being taken for that destination to be ready for the client (including need for cleaning, equipment etc.) - must be achievable within the duration of the RCU max admit or shorter: | Click or tap here to enter text. |
| Confirmed with supports: [ ]  Yes [ ]  No |
| Are there any potential environmental barriers that may impact transition to this location:[ ]  Yes [ ]  No | If Yes, please explain (i.e. stairs, lip to doorway, bathroom on another floor) and provide any info. on plan to address these. Click or tap here to enter text. |
| If this is not the client’s pre-admit home, please provide some info. on where they were living and why they cannot return: | Click or tap here to enter text. |
| Has the patient applied to Long-Term Care and been accepted |  [ ]  Yes [ ]  No | Date of LTC application:\*Please provide a summary of choices and length of waiting for each – this is required for any client waiting at RCU for LTC  | Click or tap here to enter text. |

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| **SECTION 6: RAI ASSESSMENT (THIS IS REQUIRED IF CLIENT WAITING AT RCU FOR LTC)** |
| Is a recent RAI assessment available? |  [ ]  Yes [ ]  No | Date of most recent RAI assessment: (dd/mm/yyyy) | Click or tap here to enter text. |
| Consent given to share RAI: |  [ ]  Yes [ ]  No | Assessment Attached? |  [ ]  Yes [ ]  No |
| Assessment on IAR? |  [ ]  Yes [ ]  No |
| RAI Assessment Outcomes Scores: | MAPLe: Click or tap here to enter text. | CHESS: Click or tap here to enter text. | ADL: Click or tap here to enter text. | IADL: Click or tap here to enter text. | CPS: Click or tap here to enter text. | DRS: Click or tap here to enter text. |
| **SECTION 7: HEALTH STATUS (PHYSICAL HEALTH, MENTAL HEALTH AND/OR SUBSTANCE ABUSE)** |
| Height:Weight: | Click or tap here to enter text.Click or tap here to enter text. | Allergies: Click or tap here to enter text.None [ ]  |
| Infectious Risks | Lice/Scabies [ ] MRSA [ ] VRE [ ] TB [ ] C. Diff [ ] Recent Respiratory Infection [ ]  Click or tap here to enter text. Isolation Required: [ ]  Yes [ ]  NoNone [ ]  |
| Falls Risk |  [ ]  Yes [ ]  No# of falls in last 2 weeks: Click or tap here to enter text.Last Fall: Click or tap here to enter text.STRATIFY or Hendrich Score if available: Click or tap here to enter text. | VisionFunctional [ ]  Impaired [ ]  Aids Used: Click or tap here to enter text. |
| HearingFunctional [ ]  Impaired [ ]  Aids Used: Click or tap here to enter text. |
| Diagnosis - please include Physical AND/OR Mental Health: | Click or tap here to enter text. |
| Brief Past Medical, Cognitive and/or Mental History. Please include consult notes if available. | Click or tap here to enter text. |
| Any Active Addictions:[ ]  Yes [ ]  No |  Please explain including substance and any current treatment:\*Please note on-site use of alcohol and non-prescribed drugs are prohibitedClick or tap here to enter text. |
| Smoker: | [ ]  Yes [ ]  No | Escort to Smoke outside needed: | [ ]  Yes [ ]  No |
| Wounds:[ ]  Yes [ ]  No | Describe wound. Include list of supplies, dressing orders and drainage type if applicable (may be separate attachment): Click or tap here to enter text. |
| \*\*Please note for RCU’s client must have 1 or more weeks of supplies at the time of transition a signed dressing orders will be required prior to transition to a CCRU with Nursing in house |
| Planned follow-up post hospital discharge:[ ]  Yes [ ]  No | Chemotherapy – Details: Click or tap here to enter text.Hemodyalisis – Details: Click or tap here to enter text.Rehab – PT, OT etc.- Details: Click or tap here to enter text.Other.:Click or tap here to enter text. |
| Palliative Care | Does the client have a palliative diagnosis: [ ]  Yes [ ]  NoIf yes,[ ] Estimated prognosis: Click or tap here to enter text.[ ] Advanced Directives (please attach a copy of DNRs): Click or tap here to enter text.EMS Provincial Sheet done (please attach a copy):[ ] Resources and Supports who will follow: Click or tap here to enter text. |
| Other Special Needs that may impact transitions: | [ ] Oxygen specify: Click or tap here to enter text.\*Funding and delivery to be arranged before transition[ ]  Bipap/cpap –client managed and t hey have their own equipment[ ]  Tracheostomy –client managed[ ]  Suctioning – long standing trach/suction – client managed[ ]  Hemodialysis[ ]  Peritoneal Dialysis – client managed[ ]  Blood sugar testing[ ]  Methadone |
| Restorative Potential if acute changes to status: | [ ] Yes [ ]  NoDetails/Plan:Click or tap here to enter text. |
| Medications: | Please include a detailed current medication list/Medication Administration Record. Mark any recent medication changes (mark and date). A signed medication list just prior to discharge will be required Click or tap here to enter text. |
| \*St. Hilda’s and Rekai do have pharmacies however client must have at least 24 hours of meds and the final med list but be submitted by 3PM the day before admit. All other RCUs require the client come with their own medication with a plan on how they will get more for the duration of the stay. |

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| **Cognitive Status** | **Please check one**  |  |
| Able to direct their own care |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Able to express their needs (i.e. hot, cold, tired) |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Able to follow instructions |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Memory challenges – short term |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Memory challenges – long term  |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Carry-Over/New Learning |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Impaired Judgment impacting safety |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Poor Insight into personal care needs |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Managing medication |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Able to participate in group settings |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Other cognitive issues that may impact transition |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| If cognitively impaired, please include any formal assessment scores such as MOCA/MMSE/RUDAS | Click or tap here to enter text. |
| **Behavioural Status (client safety & risk)****\*Note: Please include current and behaviours noted in the last 2 months** | **Please check one** | **Notes** |
| History hoarding |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Paranoid ideations | [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Wandering |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Requires wander guard |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Required locked unit for exit seeking |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Requires 24/7 supervision/”sitter” for safety and risk |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Requires private room due to behaviours |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Requires bed alarms or wheelchair alarms in the community (as opposed to due to hospital policy) |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Requires full bed-rails due to unsafe bed exiting behaviours |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Broda-chair required for passive restraint |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Suicide-ideation |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Suicide-attempts |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Self-harm |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Aggression – physical |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Aggression – verbal  |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Fire setting |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Careless smoking |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Assault – sexual  |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Assault –physical  |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Destruction of property |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Sexual acting out |  [ ]  Yes [ ]  No | Click or tap here to enter text. |
| Other behaviours that may impact transition |  [ ]  Yes [ ]  No | Click or tap here to enter text. |

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| **Functional Status** | **Comments/Notes/Remarks** |
| Bed Mobility | [ ]  Independent[ ] Requires supervision[ ]  One-person assistance [ ]  Two-person assistance[ ]  Able to identify need for repositionFrequency of Reposition:Click or tap here to enter text. | Click or tap here to enter text. |
| Weight-Bearing |  Cannot weight bear: Right: [ ]  leg [ ]  arm Left: [ ]  leg [ ]  arm | (i.e., plan, appointments) Click or tap here to enter text. |
| Transfer | [ ] Independent[ ]  Requires supervision[ ]  One-person assistance[ ]  Two-person assistance[ ]  Mechanical Lift – Hoyer[ ]  Mechanical Lift – Sit to Stand Lift[ ]  Uses Saska-pole[ ]  Bed-bound | Does the client have the equipment? Click or tap here to enter text. |
| Sitting Tolerance | [ ]  No Limitations[ ]  Limited | Click or tap here to enter text. |
| Mobility | [ ]  Independent with no aid[ ]  Independent with mobility aid[ ]  Supervision with mobility aid[ ]  Light hands on assistance with or  without a mobility aid[ ]  Dependent with mobility aid**Mobility Aid Used by Client:**[ ]  Cane[ ]  Crutches[ ]  2-wheeled Walker[ ] Rollator Walker[ ]  Other Walker Click or tap here to enter text.[ ]  Manual wheelchair☐ Power wheelchairWidth of Wheelchair Click or tap here to enter text.**Stairs**☐Independent☐Supervision required☐Light assistance☐UnableStairs at discharge destination: ☐Yes ☐No | Does the client have the equipment?Click or tap here to enter text. |
| Nutrition – Eating and Diet (see cooking later in list for those details) | **Feeding**[ ]  Independent eating[ ]  Requires cueing assistance/set up[ ]  Dependent[ ]  Can family feed dependent patient orfund outside staff to do feeding**Dentition**[ ]  Full [ ]  Partial[ ]  Difficulty chewing[ ]  Difficulty swallowing**Diet Type**[ ]  Low protein[ ]  Renal[ ]  Raw Sodium[ ]  Other **Diet Texture**[ ]  Needs thickened liquids[ ]  Needs modified textures for food**Diet/Intake**[ ]  Gastronomy tubes (no NGs)[ ]  Dietary restrictionsFood Allergies[ ]  TPN [ ]  IV Fluids[ ]  Other (Please explain in notes)**Preferred diet** ☐Vegan☐Vegetarian☐Other | Explain unique diet and feeding needs:Click or tap here to enter text. |
| \*Please note, patient will need to have all their own specialty feeding supplies and equipment |
| Dressing/Grooming | **Upper Extremity**[ ]  Independent[ ]  Requires supervision/assistance[ ]  Cueing[ ]  Reluctant[ ]  Dependent**Lower Extremity**[ ]  Independent[ ]  Requires supervision/assistance[ ]  Cueing[ ]  Reluctant[ ]  Dependent |  Click or tap here to enter text. |
| Bathing | [ ]  Independent[ ]  Requires supervision/assistance[ ]  Cueing[ ]  Reluctant[ ]  Dependent | Assistive Devices**:** Click or tap here to enter text. |
| Toileting – Bladder  | **Continent**[ ]  Independent[ ]  Assistance require due to transfer/mobility[ ]  Assistance with set-up (bed-pan, urinal, commode)**Incontinent**[ ]  Independent with brief changes[ ]  Dependent for brief changes**Catheter Use**[ ]  Independent[ ]  Dependent**Catheterization Needs**Please include size/type.[ ]  In/out catheter[ ]  Indwelling[ ]  Condom catheter[ ]  Leg-bag[ ]  Bladder Scans | Incontinence status and plan at transfer (catheter in-situ, date needs to be changed etc.)Click or tap here to enter text. |
| \*Please note, patient will need to have their own incontinence or catheter supplies |
| Toileting – Bowels  | **Continent**[ ]  Independent[ ]  Assistance required due to transfer/mobility/ reach challenges**Incontinent**[ ]  Independent with brief changes[ ]  Dependent for brief changes**Bowel Routine with:**[ ]  Digital Stimulation[ ]  Enema[ ]  Suppository**Ostomy**[ ]  Independent[ ]  Requires supervisions/assistance[ ]  Dependent | Incontinence status and plan at transfer (day ostomy last changed etc.) Click or tap here to enter text. |
| \*Please note, patient will need to have all their own incontinence or ostomy supplies. |
| Medicatiion | [ ]  Independent[ ]  Requires medication reminders[ ]  Requires administration of oral meds[ ]  Requires administration of injections[ ]  Requires administration of IV meds[ ]  Requires PRN medications | For injections and IV, please clarify what will be administered and route (IV line, butterfly catheter etc.). Click or tap here to enter text. |
| \*Family will need to make arrangements for all medications and administration supplies before transition |
| iADLs – House cleaning | [ ]  Independent [ ]  Requires some assistance[ ]  Requires substantial assistance[ ]  Not a pre-admit responsibility | Click or tap here to enter text. |
| iADLs – Cooking | [ ]  Independent[ ]  Requires some assistance[ ]  Requires substantial assistance[ ]  Not a pre-admit responsibility[ ]  Supporters could provide meals if RCU does not provide meals[ ]  Willing to consider meals-on-wheels for meals  | Click or tap here to enter text. |
| iADLs – Shopping | [ ]  Independent[ ]  Requires some assistance[ ]  Requires substantial assistance[ ]  Not a pre-admit responsibility | Click or tap here to enter text. |
| iADLS – Finance | [ ]  Independent[ ]  Requires some assistance[ ]  Requires substantial assistance[ ]  Not a pre-admit responsibility | Click or tap here to enter text. |
| iADLs – Transportation  | [ ]  Independent[ ]  Requires some assistance[ ]  Requires substantial assistance | \*Please note, family will be responsible for transportation to and from appointment while in RCU for ReCharge, the need will need to be exploredClick or tap here to enter text. |

**Comments/Other Details:** Click or tap here to enter text.

**Section 8: Consent –** Please review with the patient and obtain verbal consent

* Patient information will be shared with the Health Service Providers (HSP) for the Reintegration Care Model (RCM) Program for the purpose of arranging and providing services only. Patient and caregiver privacy will be respected and be maintained within the legislation guiding the sharing of personal health information (PHI).
* The **Reintegration Care Models (RCM)** Program is for patients who are in hospital who would benefit from some additional support to return to the community. Patient /caregivers/supporters understand the program is time limited with a discharge date set on admit.
* There are no fees for the programs but patient will be responsible for personal items (i.e. medications, incontinence supplies, therapeutic equipment and in some facilities, meals) and travel to and from the sites, as needed.
* Patient will be matched to the provider that best meets their unique needs and though geographical preference is considered, it may not be possible to accommodate.

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| Reviewed with: | Click or tap here to enter text. | Relationship to patient, if not patient: | Click or tap here to enter text. |

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| Reviewed by:  | Click or tap here to enter text. | Title: | Click or tap here to enter text. |

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| Date (dd/mm/yyyy): | Click or tap here to enter text. |

If you have any questions or concerns about this form, we welcome your feedback, please contact the CRM Team.