



# Transitional Care Program (TCP), Queen's Estate



A community-based program helping clients return to their home & community

- Operated by University Health Network (UHN)
- Located at Queen's Estate Retirement Residence
- 265 Queens Drive, North York, ON M6L3C6
- Phone: 647-255-9800, Fax: 416-597-7175, Email: UHNTCPoffice@uhn.ca
- 3 TCP streams with a total of 34 beds: 20 Convalescent care (OHIP required), 9 Re-Integration Unit (OHIP required), 5 Non-OHIP beds

## UHN TCP (Queen's Estate) helps clients who are/have:

- at-risk-for OR designated as ALC
- care needs and could benefit from a transitional stay to gain strength and endurance
- can be safely managed in the community (no acute medical needs)

Reintegration Unit Stream	Convalescent Care Stream
Length of stay: Goals based, Target ≤ 42-60 days	Length of stay: Goals based, Target ≤ 60-90 days
Carry over learning/self-directed care/restorative potential <u>Not</u> required	Carry over learning/self-directed care/restorative potential required
Goals <u>Not</u> primarily based on exercise/restorative activities	Goals primarily based on exercise/restorative activities
Physiotherapy (1:1 or group exercises)	1:1 Physiotherapy: 20 mins/day
Short wait for: rehab, LTC, supportive housing (assisted living, RH), acute care return (e.g. surgery), extreme clean, caregiver support	Waiting for rehab
PICCS/VACs*	PICCS/VACs*
Hoyer Lift/Ax2	Hoyer Lift/Ax2
Bariatric (must be able to ambulate, no wheelchair)	Bariatric (must be able to ambulate, no wheelchair)
<b>Up-to-date referral form: <a href="https://bellwoodscentres.org/programs-and-services/centralized-referral-management/">https://bellwoodscentres.org/programs-and-services/centralized-referral-management/</a> UHN RIU Service Coordinators: 416-531-2626 x228 437-774-1262</b>	<b>1) Referrals through RM&amp;R <u>OR</u> 2) Direct Conval pathway: Fax GTA Rehab Referral to 416-597-7175 <a href="http://www.gtarehabnetwork.ca/uploads/File/Referral_Forms/Fillable_GTA_RN_Integrated_Acute_to_Bedded_CCC_Referral_Form.pdf">http://www.gtarehabnetwork.ca/uploads/File/Referral_Forms/Fillable_GTA_RN_Integrated_Acute_to_Bedded_CCC_Referral_Form.pdf</a></b>

## Non-OHIP Stream

Patients must meet at least one of the following criteria:

- Be in the 3 month waiting period for Ontario Health Insure Plan (OHIP)
- Be non-status or Undocumented
- May be eligible due to life circumstances (e.g. homelessness, mental illness), cannot present evidence of OHIP coverage [Note: this does not include people who may have evidence of prior coverage such as expired health card]

**For Non-OHIP referral info, please contact Delia Doodram, UHN TCP Manager at 647-448-9158 or Email: [Delia.Doodram@uhn.ca](mailto:Delia.Doodram@uhn.ca)**

Care Providers	TCP Features
RPN	Client rooms
PSW	Meals & Snacks
GP/Geriatrician	Bathrooms
Group activities	Blood work
PT & PTA/OTA	Mobile Pharmacy
	Wifi & TV

Additional Services may be referred via Home & Community Care

\* pending confirmation from Home and Community Care support (e.g. HCC will fund and provide IV medications, equipment & supplies for IV, VAC)

\*\* as per Infection Prevention and Control (IPAC) guidance

Note, Clients are responsible for funding & arranging their own personal care products (eg. incontinence briefs), medications, supplements, equipment (eg. mobility aids), and services (eg. external transportation & portering support) etc.

## Exclusion Criteria

Active substance abuse	Acute Mental health crisis	Requires constant observer
Responsive behaviours (cannot redirect)	Exit seeking (Requires locked unit)	Requires restraints
Specialized technology dependent requirement (e.g. Mechanical ventilation, TPN, patient controlled analgesia etc.)		